



**Pension  
wise**

Get to know your options

# Get to know your pension options

If you're 50 or over with a personal or workplace (defined contribution) pension, you can get free, impartial guidance to help you understand how to take your money.

Call **0800 138 3944** to book  
your phone or face-to-face  
appointment, or go to  
**[pensionwise.gov.uk](https://pensionwise.gov.uk)**  
for more information.



HM Government



Get to know your options

A Pension Wise appointment is a conversation between you and a pension specialist. You'll talk about the options you have for taking your pension money.

Your appointment will last around 45 to 60 minutes and we will:

- ▶ explain your pension options
- ▶ explain how each option is taxed
- ▶ give you next steps to take

Our guidance is impartial – we won't recommend any products or companies and won't tell you how to invest your money.

**0800 138 3944**  
**pensionwise.gov.uk**



HM Government

